

## LTYA Cheer Program 2022-2023

LTYA Cheer and Dance programs are considered recreational sports that emphasize participation over competition and education over performance. We strive to ensure that all participants, regardless of skill level, have the opportunity to participate and we expect managers, coaches, and parents to maintain a safe, positive, and nourishing environment.

Our Cheer/Lil' Lettes program home site is the Lake Travis ISD stadiums and practice field complex. We serve the Lakeway, Bee Cave, Spicewood and surrounding area but accept players from any community regardless of residence.

LTYA Cheer and Lil' Lettes offers every child in Kindergarten through the 6th grade the opportunity to participate regardless of ability, disability, skill level, talent or financial need. Cheer and Lil' Lettes programs are co-ed.

If you wish to learn more about LTYA Lil' Lettes or want to volunteer, please contact the LTYA Office at (512) 261-1900 OR

Lil' Lettes President/Cheer VP Alison DeStefano at [ltyspirit@yahoo.com](mailto:ltyspirit@yahoo.com)  
Cheer President - Aspen Parrott at [lyacheer@yahoo.com](mailto:lyacheer@yahoo.com)

### IMPORTANT DATES:

<b>APRIL 1</b>	<b>REGISTRATION OPENS</b>
<b>MAY 1</b>	\$50.00 Late Fee
<b>MAY 8</b>	Positive Sport Parenting Workshop - 7PM - Via Zoom
<b>MAY 31st</b>	<b>REGISTRATION CLOSES</b>
<b>MAY 22</b>	All Uniform Fittings (10am-3pm) @ Body Lab OR
<b>JUNE 3</b>	All Uniform Fittings (5-8pm) @ Body Lab
<b>JUNE 5</b>	<b>UNIFORM ORDER DEADLINE VIA PORTAL</b>
<b>AUG 6th and 20th</b>	Camp Dates @ Electric Avenue Acro, 10-12pm, 9:30 Checkin
<b>AUG 11</b>	PCA Coaching Workshop (COACHES ONLY) - Location/Time TBD
<b>AUG 18</b>	LTYA Night, Cavalier Stadium @ LTHS
<b>SEPT</b>	Cheer! Season begins
<b>OCT</b>	Homecoming Parade @ LTHS
<b>NOV</b>	Cheer Season Ends
<b>NOV</b>	End of Season Performance & Awards
<b>DEC 11</b>	Body Lab Christmas Spectacular Performance

\*\*Uniform costs are **not** included in registration fees. Uniform Includes cheer top and skirt, briefs, midriff body liner, poms and backpack with name and LT logo on front. You can also order/purchase individual spirit items from our Bow Vendor at [K3Boutique](#)

**Bows** - We have a new Bow for the 2022 season and it's a required part of the uniform. To save on costs, LTYA is placing a bulk order with a due date of June 5th. Please [Click Here for Bow Order Form](#) . Bows will be distributed at LTYA Lil'Lettes Camp on August 6th. After the June 5 deadline, bows can be purchased online at [k3boutique](#). The cost is \$22.00 per bow for bulk orders and online is \$25.00 per bow plus tax, shipping and handling.

Payments for cheer items are ordered through the Varsity portal and will ship directly to you. All returns and exchanges will be done ***directly through the Varsity representative.***

If participating in both Cheer and Dance, you may cheer in your dance uniform. You DO NOT need to also purchase a cheer uniform, but it is an option should you want both. The dance uniform needs to be purchased through Varsity as well and it will be added to your personal Varsity portal. Cheer shoes and dance boots are purchased separately.

Individual Items may be purchased via your personal Varsity portal:

**CHEER PACKAGE: NEW UNIFORM!**

Cheer Halter/Cheer Skirt: \$161.63 (adjustable straps for growth)

Briefs:\$12.71

Turtleneck Bodyliner: \$19.51

Poms: Price TBD

Backpack: \$46.64

*NEW Package Total: \$256.64*

**BOW:**

The deadline to purchase bows at bulk pricing from LTYA is June 5th. [LTYA Bow Order Form](#) After the June 5th deadline, bows can be purchased online at [k3boutique](#). The cost is \$22.00 per bow for bulk orders and online is \$25.00 per bow plus tax, shipping and handling. Distribution will be at our August 6th camp.

**SHOES:**

Any White Cheer Shoe is required. Order a shoe of your choice.

*Options:*

[Amazon](#)

[Academy](#)

Varsity shoes can be ordered through your portal. NOTE: These shoes run very small and should size up 1-2 sizes if you choose this shoe.



**FITTINGS:**

**Body Lab (see dates above)**  
21300 State Hwy 71, #200  
Spicewood, TX 78669

**CAMP:**

**Electric Avenue Acro - Cheer ONLY**  
**10am-Noon, Arrival 9:30**

5200 Electric Avenue, Building 2  
Spicewood, TX 78669

**PRACTICES:**

Will be held once a week. Location, date and times TBD. These are NOT mandatory but.

**GENERAL FAQ'S**

**Q:** How long is the season? What is the commitment level?

**A:** The Fall Football season is typically 8 weeks. Games begin in September and last through early November with a playoff tournament. Game times are one hour in length each Saturday during the season. Game schedules will be published **once we receive**

***the football schedules in August*** and will be added to the website at that time. (see below for practice information)

Q: Will we have to travel to the away games?

A: We will be performing at home games only.

Q: What are the game dates?

A: All game dates will be announced once we receive the Fall Football schedule in August. We will update accordingly. Game days are on Saturdays.

Q: What if my child has never cheered or danced before?

A: LTYA is a recreational Cheer/Lil' Lettes program. We are introducing Cheer/Lil' Lettes at this age. All skill levels and abilities are welcome to participate.

Q: Can my child participate in both programs?

A: Yes! You can pay to register for both Cheer and Lil'Lettes. The Lil'Lettes uniform is required. You may cheer in your Lil' Lettes uniform, but you must purchase cheer shoes, then change into boots for Lil'Lettes. You can purchase the cheer uniform as well if you choose to, but it is not required. Game times will not overlap. Those participating in both will cheer for a one hour game and Lil'Lettes for a one hour game.

Q: When is the final date to order uniforms?

A: In order to accommodate a large order, and accounting for any production and/or shipping delays, ALL orders MUST be placed no later than June 5th. Orders placed later than the June 5th deadline runs the risk of not receiving the uniform before the start of the season.

Q: Can my child dance/cheer on the same squad as her friend or sibling? Do you honor squad requests?

A: Cheer will have multiple squads, we will make every attempt to honor placement requests but cannot guarantee squad placement. When registering, please note any special requests. The squad placements are first determined by grade/school, the number of girls participating and the number of coaches available to lead the squads.

Q: Is there a CAP on registration?

A: Currently the CAP is set for 45 then will roll over to a Waitlist. When more volunteers sign up to help Direct/Coach, we can add more participants.

Q: How can I volunteer?

A: LTYA is always looking for great volunteers! You can volunteer your time as a head coach, assistant coach, team mom or volunteer at events throughout the year. If you are

interested, you can sign up when you register your child and you can email [ltyacheer@yahoo.com](mailto:ltyacheer@yahoo.com). Also, please go to [www.ltya.org](http://www.ltya.org) for volunteer requirements which can be found on the "Volunteer" tab. For any volunteer questions and assistance, you can call the LTYA office at (512) 261-1900.

Q: How many days/hours are practices during the season?

A: Beginning in late August/early September, there will be 1 practice per week during the season. Practice is not mandatory, but is recommended. Should you miss a practice, you may still attend and participate at the game.

Q: What should my child bring to practice?

A: Please make sure your child comes dressed in athletic wear, hair pulled up, tennis shoes (no sandals, flip flops, etc.), no jewelry and plenty of water. We request that practices are closed to parents, as it makes practices run smoother. We truly appreciate your understanding.

Q. Are there other activities that we are required to attend outside practice and games?

A. We have exciting opportunities throughout the season! These include LTYA Night at one of the LTHS Football Game, LTHS Homecoming Parade, End of Season Awards/Performances, Body Lab Christmas Spectacular, etc. We love to have the chance to let our girls showcase all their skills and talents that they have learned throughout the season. If you would like to have LTYA Lil Lettes and/or Cheer perform at your event, please contact Alison DeStefano at [ltyaspirit@yahoo.com](mailto:ltyaspirit@yahoo.com)

Q. Is there a year end performance?

A. Yes, at the end of the season we have a performance where awards will be distributed. Each squad will perform for parents, family and friends!

**OTHER:**

We have been honored to have the help of the LTHS Cavalettes, Red Rubies and LTHS Varsity and JV Cheer Teams! They participate and assist weekly during our Saturday Football Games. It is a wonderful volunteer opportunity for those students and an amazing mentor relationship for the younger girls.